## **League Rules**

Riders must ride at least three events to qualify and must be a paid up first claim of Selby Cycling Club.

## **POINTS LEAGUE**

- All riders starting event 1 get 200 points.
- Riders loose 80 points for each event they don't start (unless helping out to run event or time keeping, pushing off then points not deducted)
- Riders gain 20 points for each event they start.
- Points are gained for every second improvement and deducted for every second slower than the previous ride, up to a maximum of 60 points per event.
- Points scored will be used in the combined event.

## **SPEED LEAGUE**

- A riders fastest three rides will be used to calculate placings based on average speed.
- Points scored will be used in the combined event.

## **COMBINED LEAGUE**

 Points gained in the points and speed league will be added together for the combined section of the league.

Riders who are consistent, ride all the events and steadily improve will come out on top. All will become clear as the competition progresses. A results sheet will be available after event 4.